

Instant Meeting Plan
Embers
Key to My Community

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| <p>10 Min: Gathering; 5 Min: Ember Opening 10-15 Min: Opening Discussion 10-15 Min: Activity 5-10 Min: Game 20-25 Min: Craft or Activity 10-15 Min: Activity 5 Min: Ember Closing</p> <p><i>90 Minute Meeting. Approximate activity time shown.</i></p> | <p><u>Program Connections:</u></p> <p>Key to My Community: My Neighborhood</p> |
| <p><u>Activities</u></p> <ul style="list-style-type: none"> - Go for a walk around your meeting location - spend the meeting visiting local businesses that are open OR arrange to visit a local business - attend a community event (festival, etc) - community Clean-up - Community Scavenger hunt - Visit a community food bank and help sort cans (bring a non-perishable food item) | <p><u>Games</u></p> <ul style="list-style-type: none"> - photograph local murals. Print 2 copies on paper and glue to a deck of cards (\$1 store). Play mural memory. - Photograph local murals and challenge the girls to spot them during the week (tell the caregiver so they can make an effort to drive past the murals) |
| <p><u>Crafts</u></p> <ul style="list-style-type: none"> - on a large roll of paper have the Embers draw the neighborhood around the meeting area or their house. Use props such as “little people”, cars, etc to have the girls travel around the neighborhood or have them draw lines from their house to the meeting location, or neighbourhood business (Bakery, Post Office, etc) - print out a map of the neighborhood, Manitoba, Canada. Draw circles from smaller to larger with different colors of paper. Have the girls draw a picture of themselves on the smallest circle, glue their neighborhood on the next color, Manitoba on the next, Canada on the next. Use a brass pin to attach together. | <p><u>Girl Guide Events</u></p> <ul style="list-style-type: none"> - Tim Horton's Clean-up in neighbor - do a neighborhood service project (visit seniors in a local facility, food bank, clean a park, adopt a park planting flowers, etc) |

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| <p>10 Min: Gathering; 5 Min: Ember Opening – Sing O Canada 10-15 Min: Opening Discussion 10-15 Min: Activity 5-10 Min: Game 20-25 Min: Craft or Activity 10-15 Min: Activity 5 Min: Ember Closing</p> <p><i>90 Minute Meeting. Approximate activity time shown.</i></p> | <p><u>Program Connections:</u></p> <p>Key to My Community: Proud to be Canadian</p> |
| <p><u>Activities</u></p> <ul style="list-style-type: none"> - brainstorm words that represent Canada, then make a song or poem using the words - Hold a Canada Birthday Party meeting (wear red/white, make cupcakes, light sparklers, face paint Canada flags on cheek) | <p><u>Games</u></p> <ul style="list-style-type: none"> - Snowball Fight (see below) - Canada Day Bingo <p>http://www.cic.gc.ca/english/games/symbol1/questions.asp</p> |
| <p><u>Crafts</u></p> | <p><u>Girl Guide Events</u></p> <ul style="list-style-type: none"> - Remembrance Day – join a legion for the parade and program - Celebrate Citizenship Week – Oct 13-19 |

Snowball Fight

You will need about 50 crumpled up pieces of paper (snowballs). Make two teams, one on each side of a line down the middle of the room. Give each team 25 balls and at "GO", they throw the balls to the other side for 30 seconds (or whatever you wish; they don't need long). The team who has the least on their side after the 30 seconds wins.

Canada Day Bingo

Design a bingo card with pictures that represent Canada (Beaver, maple leaf, etc)

Paint a maple leaf or a beaver on a white t-shirt. Why are they symbols of Canada?

Collect a set of Canadian coins. What are the symbols on each coin? Why do you think these symbols were chosen?

Create a collage with your provincial flower, tree, mineral, bird and flag.

10 Min: Gathering; 5
Min: Ember Opening
- sing O Canada
10-15 Min: Opening Discussion
10-15 Min: Activity
5-10 Min: Game
20-25 Min: Craft or Activity
10-15 Min: Activity
5 Min: Ember Closing

90 Minute Meeting. Approximate activity time shown.

Program Connections:

Key to My Community:
Our Flag and National Anthem

Activities

Games

- Pictures with clues (symbols)/Bingo
- Flag camphat craft

Crafts

- Design your own Canada Flag. Girls can color the current Canadian Flag, then design their own.

Girl Guide Events

- celebrate Flag Day (Feb



- Create a Canada Flag pin (instructions separate)

Story: Canadian Flag Participation Story

When the following words are said during the story, perform the listed actions:

- FLAG - wave Canada flag
- CANADA - jump up and down and cheer
- MAPLE LEAF - "flutter" hands
- RESPECT - Ember sign (with hands!)

A long time ago, before your grandparents were born, the French and English speaking people of CANADA, used as their special emblem, the MAPLE LEAF.

The colours red and white were assigned to CANADA by King George V in a proclamation dated November 21, 1921. They represent strength and purity. When the people of CANADA decided to have their own FLAG, they chose a red MAPLE LEAF on a white background. It is divided into three sections with the center white sections being a square equal to half the width. This section has a red MAPLE LEAF in its center. The red MAPLE LEAF has eleven points. These eleven points make a nice design, but they do not have any special meaning. On each side of the white background square, is a red stripe. The red stripes put together are the same width as the white square.

The FLAG is twice as long as it is wide. Our FLAG should always be treated with RESPECT. Torn or faded FLAGS should never be used, but should be burned. CANADA'S new FLAG became official on February 15th, 1965. It flew for the first time at the Peace Tower in our capital city of CANADA, in Ottawa. The MAPLE LEAF was raised at noon that day over embassies all over the world. "You probably do not remember", that they had a FLAG raising ceremony at schools in CANADA. The MAPLE LEAF was adopted as a National symbol in 1907. When a FLAG is flown at half mast this denotes mourning and when flown upside down, it's a sign of distress. We are proud to have our own FLAG. When we see the red MAPLE LEAF fluttering in the breeze we think of MAPLE trees rustling in the forests of this good land we live in CANADA.

Canada Flag Relay

- Divide girls into two groups. Place pieces of flag at one end of the room. Each girl runs to flag pieces, takes one and runs back to group until they have all the pieces. Once all the pieces are collected, each group must put their map together. The team who has their flag together first wins!

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| <p><u>Activities</u></p> <ul style="list-style-type: none"> - talk about how Holidays are celebrated - bring in/show items about cultural holidays celebrated in girls family - Hold a Christmas Party in Spring | <p><u>Games</u></p> |
| <p><u>Crafts</u></p> <ul style="list-style-type: none"> - Make a list/calendar of Holidays (including ones from other countries) - chinese new year – make a chinese lantern | <p><u>Girl Guide Events</u></p> |

- Talk about tradition vs celebration.
- Raise your hand if you have ever celebrated a birthday. Can anyone tell me whether birthdays are a celebration or a tradition? Celebration.
- Give an example of a different celebration? Canada Day.
- What is an example of a tradition? Remembrance Day.
- The tradition of Birthday Parties
- How do you celebrate your birthday? How are birthdays celebrated in other countries?
- Let's compare Canada and Mexico...
 - Mexico – Celebrate two birthdays. Paper flower decorations. Three wishes if the child blows out candles in one breath.
 - Both – say happy birthday. Cake and candles – Birthdays ‘spans’ – Piñata – Gifts – Games – Friends and family celebrate – decorations.
 - Canada – Sing happy birthday. Multicultural activities – one wish after blowing out candle – treat bags – balloons.

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| <p><u>Activities</u></p> <ul style="list-style-type: none"> - watch ads and figure out what and why and how it made you feel - count how many ads come on in one show/program | <p><u>Games</u></p> <ul style="list-style-type: none"> - Commercial Skit |
| <p><u>Crafts</u></p> <ul style="list-style-type: none"> - create a poster “ad” advertising Embers/Cookies - Make a portable cookie selling tray (dollar store tray, ribbon glued onto sides so they go over shoulders and cookies go on tray, decorations) | <p><u>Girl Guide Events</u></p> <ul style="list-style-type: none"> - Sell Girl Guide Cookies at Sears Day making posters for the table |

What is an advertisement? (Something that tries to convince us of something)

Where do we see ads? (tv, magazines, posters, radio, internet, you tube, movies, in the corner of the tv screen during a show... everywhere!)

What different kinds of ads are there? (Ads that entice us to buy things, or that encourage us to NOT do something, public service ads).

Exercise Prep – Message is the most important part of an ad – wherever you are advertising, people need to know what you want them to DO – so if you want them to BUY something, you need to tell them where or how they can do that.

If you want them to KNOW about something, you have to make sure you’ve told them (phone number, web site, address...)

Craft – Design an ad to sell Girl Guide Cookies -or to get someone to join Embers. Make sure you are clear about what it is you want people to do and how you want them to do it.

Commercial Skits – In small groups, ask the girls to make up a TV commercial about a topic of their choice. Act out your commercials for the rest of the group.

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| <p><u>Activities</u></p> <ul style="list-style-type: none"> - Look for Murals (also My Neighborhood) - book – Bears, wolves in Manitoba (put a dot on a Manitoba map where they are) - visit local art gallery - invite a local artist to your meeting | <p><u>Games</u></p> |
| <p><u>Crafts</u></p> <ul style="list-style-type: none"> - create your own art gallery | <p><u>Girl Guide Events</u></p> |

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| <p><u>Activities</u></p> <ul style="list-style-type: none"> - Career Day – setup stations with caregiver who talk to girls about their job - dress up as job you want to be or jobs in community | <p><u>Games</u></p> <ul style="list-style-type: none"> - job charades – make cards with different jobs that would be easy to act out |
| <p><u>Crafts</u></p> <ul style="list-style-type: none"> - occupation collage - | <p><u>Girl Guide Events</u></p> |